

GEOG2057 Leisure and Recreation in Modern Society (6 credits)

Course Teacher: Dr Y P Li

Objectives

It aims to introduce students to the concepts of leisure and explains the need to recreate. As basic as it is like work, leisure and recreation are understood as vital to the growth of individuals and the well being of societies.

Course Synopsis

This course is an overview of the broad field of recreation and leisure, emphasizing the understanding of various leisure phenomena. As such, it aims to provide the students with an introductory understanding of the nature and scope of leisure, leisure behaviour and affiliated recreation activity. It also reviews relationships between leisure and space, place, time, play, work, family, education, ethnicity, gender, and environment.

Lecture Topics

- Leisure/recreation and "Geography of Everyday Life"
- The current scene of leisure and recreation: global and local perspectives
- Leisure, life satisfaction and significance of the experience
- Leisure provision in the public/private sectors
- Critical issues in leisure/recreation management
- Popular culture and modern consumption

Assessment

Coursework 100% (consists of project and quiz).

Learning Outcomes

Knowledge:

- Understanding of the basic concepts and theories
- Enhancement of individual growth in both physical and spiritual aspects
- Awareness about the significance of leisure for modern society

Skills:

- Practical application of basic concepts and theories
- Ability to analyse specific case studies
- Career development in the field of leisure/recreation services

Recommended Reading List

McLean, D. D. and Hurd, A. R. (2015). *Kraus' Recreation and Leisure in Modern Society*. Sudbury, Mass. USA: Jones & Bartlett Learning (ISBN: 978-1-284-03410-3)